

Month at a Glance

Nursery

May, 2020

Before being able to relate to others, a child must first be able to relate positively to oneself. Children need to be provided with lots of concrete experiences for developing positive feelings about themselves. The theme 'Myself' serves the purpose by providing children with the opportunity to answer the all-important question "Who Am I?"

The theme helps children to realize that everyone is unique and special by understanding that every child's thoughts and ideas are equally important and valued. Significance and awareness about 'oneself' and sharing experiences with others make children realize their potential and enhance

theirself-esteem.

Engaging in 'SELF- PORTRAIT' during clay modelling session, colouring with their favourite colour and other activities will help in enhancing their fine and gross motor skills, creativity and imaginative skills.

English Language Development

- Introduction to the letters "l" and "t"
- Picture Reading – We are friends
- Story – "Appu and Ram"
- Pattern – " Standing and Slanting"

Mathematical Development

- Comparing Qualities
- (Long / Short)
- Introduction to Numbers 4 and 7
- Shape square

Creative Development

- Scribbling
- Colouring
- Making a card on Mother's Day
- Thumb Printing

Physical Development

- Making of Basic Formations – Circle, line
- Walking on Zig -Zag Line
- Ball handling
- Swings for fun play

Life Skills

- Respect elders
- Keep yourself and your surrounding clean
- Wait for your turn
- Wearing of Apron and folding of Napkin

Music and Dance

- Action Song
- Rhymes
- Keeping Clean
- One little, two little
- Good manners

- Mummydarling
- Basic exercise and dance steps on rhymes

Knowledge and Understanding of the world

- Learning different values
- Learning hygiene tools
- Good habits at home and at school.
- Knowing about Lord Buddha
- Learning about Summer Season

Vocabulary for the Month

- Thank You
- Please
- Excuse Me
- Happy

Story of the Month

Love Your Family

Once, there was a boy named Rohan. He did not like living in a big family. He was never alone and felt bothered by everyone. One day, his family had to attend a wedding in a nearby town. Rohan was not so interested. "I have a lot of work to complete and tomorrow is my football practice which I cannot miss at any cost", said Rohan. At first, mom and dad did not want to leave him at home. But he insisted and finally his parents left him alone at home. He wanted to enjoy the day with his friends. An hour later, his best friend, Arun came to his house. Arun and Rohan decided to get a pizza from the market. Unfortunately, on the way, Rohan and Arun met with an accident. Rohan fainted, and on waking up found himself in the hospital with a fractured leg. Arun called Rohan's parents. His parents got really worried about their child. Soon, Rohan began to see a different side of his family.

His dad got story books and games to keep him busy. His mom cooked his favourite dishes and made sure he took his medicines on time. His sister brought toys for him. His grandparents shared stories of all the mischiefs that they had done when they were his age. His cousins played games with him whenever he felt bored and his youngest brother got his work from school, to keep him updated. Rohan started feeling happy to be a part of the family. "What would I have done without them? Their support did not let me feel unhappy." Rohan realized his mistake. The accident showed him the real meaning of a big and a happy family.

Moral: Always respect and love your family members.

Activity Calendar

*These are the suggested activities of the month to do along with your child at home.

Label all the belongings of your child and help him/ her to recognize the letters that appear in his/ her name.	Help your child to prepare a photo frame using a plate with his/her picture pasted on it and hang it outside his/her room.	Help your child to collect various objects of his/her favourite colour and describe them. E.g. This is a blue robot. It is operated with a remote control etc.	Help your child to tidy up the room. Ask him/her to keep all the toys properly.
Help your child to create his/her own music by using different objects available in your house E.g. utensils, cutlery, empty cans etc.	Take your child to a park and ask him/her to collect three things that are hard and three things that are soft. E.g. stone, feather, flower etc.	Blindfold your child and ask him/her to smell and identify different things E.g. perfume, incense sticks, onion, garlic, flowers etc.	Involve your child in playing with a ball and ask him/her to kick, throw, catch etc.
Help your child create a safety circle by pasting pictures of those whom he/she trusts or can rely upon. Talk to him/her about Good Touch and Bad Touch.	Assist your child in making ice cream sundae for the family using different flavours of ice cream, fruits, nuts etc.	Inculcate in your child the value of respecting the elders in the family.	Help your child to make finger puppets of all your family members by sketching on his/her fingers, ask him to recite 'Finger Family' song.

.Assist your child to outline the feet of all the family members and compare the size.

Involve your ward in playing any board game such as ludo snakes and ladders with family members.

Organise a family picnic and take a picture of wonderful moments.

Play Frisbee with your family.



Month at a Glance

Theme : My Self

Self-awareness doesn't develop all at once, it happens over time. Therefore, broadening the theme- "Myself" is important so as to enable the kids to recognize their emotions and express themselves through facial expressions and gestures. Further, to boost their self-esteem and confidence varied joyful activities are carried out to create awareness about the importance of personal hygiene. When the children are aware about how critical it is to take care of themselves and their body, they will be more encouraged to practice good personal hygiene habits.



Music and Dance

- Action Song
- Rhymes
 - Here We Go
 - Clap Your Hands
 -
- Basic exercise and dance steps on rhymes

K.G

May, 2020

English Language Development

- Reading and writing 'a' vowel words
- Reading sentences 'a' vowel

Hindi Language Development

- पुनरावृत्ति व्यंजन वर्ण क से ह
- पठन व लेखन दो अक्षर शब्द

Creative Development

- Drawing of emotions
- Mother's Day card making

Physical Development

- Follow the instruction ,
- In and out game

Life Skills

- Wait for your turn
- Putting the thing back in place
- Helping at home and in school
- Be friendly
- Being responsible for own belongings

Mathematical Development

- Pre number concept (Heavy and light)
- Counting (31-50)
- Recapitulation (1-50)
- Sorting of objects

Knowledge and Understanding of the world

- Hygiene tools
- Good Habits at home and at school
- Knowing about lord Buddha
- Summer Season
- Shape square

Vocabulary for the Month

- Happy
- Angry
- Sad
- Whisper
- Shout

Activity Calendar

MAY

Helping Others

Once there was a small boy named Shankar. He belonged to a poor family. One day, he was crossing the forest carrying some wood. He saw an old man who was very hungry. Shankar wanted to give him some food, but he did not have any food for himself. So he continued walking. He saw a deer who was very thirsty. He wanted to give him some water, but he did not have water. So he went on his way ahead.

Then he saw a man who wanted to light a campfire but did not have wood. Shankar gave him some logs of wood. In return, he gave him some food and water. Now he went back to the old man and gave him some food. He also gave water to the deer. The old man and the deer were very happy. Shankar then happily went on his way.

However, one day Shankar fell down from a hill. He was in pain. He couldn't move. No one was there to help him. But, when the old man whom he had helped before saw him, he quickly came and pulled him up. Shankar had many wounds on his legs. When the deer whom Shankar had given water saw his wounds, he quickly went to the forest and brought some herbs. After some time, his wounds healed. They were all very happy that they were able to help each other.

Moral: We must always try to help others.

Help your child to create a card to thank the helpers in school for their services on the occasion of Labour's Day.	Discuss the Classroom Rules with your ward. Inculcate the values of love and respect for the school, teachers and friends.	Help your child in packing and ask him/her to recognise the things he/she carries to school.	Narrate a story related to Lord Buddha's life on the occasion of Buddha Purnima.
Read the story 'Bubbles Goes to School' and discuss about the importance of school with your child.	Discuss the different modes of transport used by the children to go to school.	Assist your child to make balls of different sizes and colours using clay. Explain the concept of big and small to your child.	Dance with your child on his/her favourite songs to make the occasion of Mother's Day special.
Discuss the importance of a house with your child and talk to him/her about different things used to construct a house.	Assist your child to build a house using blocks.	Tidy up, tidy up put the toys away, Tidy up, tidy up we're finished for today. Tidy up, tidy up put the toys away, For we'll get them out again the next time that we play. Help your child to learn the above-mentioned poem.	Discuss with your child the Do's and Dont's to stay safe at home. Tell him/her not to touch electric sockets etc.
Assist your child to outline the feet of all the family members and compare the sizes.	Involve your ward in playing any board game such as Ludo or Snakes and Ladders with family members.	Organise a family picnic and take pictures of the wonderful moments.	Take your child to a nearby Mother Dairy booth and involve him/her in buying some milk products.



Salwan Public School Gurugram



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Session: 2020 – 21

Academic Monthly Planner
(The content will be taught online during the lockdown period)

For Class I
MONTH – MAY

Subjects	Topic/Content
English	Literature: <ul style="list-style-type: none">• Lesson- The Cap Seller and the Monkeys• Poem- A Happy Child Grammar: <ul style="list-style-type: none">• One and Many• Gender
General Awareness	Look After My Body <ul style="list-style-type: none">• How to keep our Body Clean My Family <ul style="list-style-type: none">• Meaning and Kinds of Family• We Help One Another
Mathematics	Addition upto 10 and 20 <ul style="list-style-type: none">• Addition on Number Strip/ Number Line• Adding Zero and One• Horizontal and Vertical Addition• Adding 10• Adding three numbers

Hindi	<ul style="list-style-type: none"> • इ मात्रा • ई मात्रा • लिंग
Computer	<p>Lesson -1: About Machines (Contd.)</p> <p><i>Let us know about a computer</i></p> <ul style="list-style-type: none"> • How different is computer from other machines • Identification of computer and its various parts • Introducing computer as a multipurpose machine • What can you do on a computer? • Uses of computer for a student
Music	<ul style="list-style-type: none"> • Two Alankars • Sargam Geet • One Prayer
Art	<ul style="list-style-type: none"> • Free Hand Drawing
PEC	<ul style="list-style-type: none"> • Surya Namaskar • Stretching Exercise • Yoga



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For Class II
MONTH – MAY

Subjects	Topic/Content
English	Literature: <ul style="list-style-type: none">• Lesson: Naughty Karan Grammar: <ul style="list-style-type: none">• Nouns (Common and Proper)• Nouns (Male and Female)• Nouns (Singular and Plural)• The Sentences (Punctuation Marks)
General Awareness	<ul style="list-style-type: none">• Clothes We Wear• Keeping Healthy
Mathematics	Lesson-2: Addition (contd.) <ul style="list-style-type: none">• Addition of two and three digit numbers with regrouping.• Addition of single digit number vertically• Word Problems
Hindi	<ul style="list-style-type: none">• पाठ - 3 कबूतर और मधुमक्खियाँ।• संज्ञा• चित्र वर्णन
Music	<ul style="list-style-type: none">• Definition of Swar and Taal• Teen Taal• Saraswati Vandana

Games	<ul style="list-style-type: none">• Warmup and Stretching Exercises• Surya Namaskar• Yoga
Art and Craft	Free Hand Object Drawing
Computer	Lesson-2 Helping Parts and Storage

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